

Report to:	HEALTH AND WELLBEING BOARD
Date:	Thursday, 7 March 2019
Reporting Officer:	Jeanelle De Gruchy, Director of Population Health Debbie Watson, Assistant Director of Population Health Annette Turner, Population Health Programme Manager
Subject:	LIVING WELL: INCREASING PHYSICAL ACTIVITY IN TAMESIDE
Report Summary:	<p>Our shared purpose is to positively change the lives of people across Tameside through physical activity and sport. Building from our strengths and through system wide collaboration, we aim across Greater Manchester to double the current rate of past improvements, reaching the target of 75% of people active or fairly active by 2025.</p> <p>The presentation gives an update on actions to increase physical activity levels in Tameside. This will be followed by a workshop style session where there will be an opportunity for Board Members to comment on progress, challenges and future strategy to increase physical activity in Tameside.</p>
Recommendations:	<p>The Health and Wellbeing Board are asked:</p> <ul style="list-style-type: none"> • Note the content of the presentation; • Discuss current challenges and contribute to the development of the programme to increase physical activity levels in Tameside.
Corporate Plan:	Increasing physical activity aligns to the provision of Excellent Health and Care services within the Thrive and Prosper Corporate Plan.
Policy Implications:	Greater Manchester Moving is the 'comprehensive plan to reduce inactivity and increase participation in physical activity and sport that is aligned to the Greater Manchester Population Health Plan priority themes and wider reform agenda'. Our shared purpose is to positively change the lives of people across Greater Manchester through physical activity and sport. Building from our strengths and through system wide collaboration, we will double the rate of past improvements, reaching the target of 75% of people active or fairly active by 2025.
Financial Implications: (Authorised by the statutory Section 151 Officer & Chief Finance Officer)	The presentation provides supporting details on physical activity and the related benefits that increased participation can bring. There are clearly system wide financial benefits that can be realised via increased participation. However, these are likely to be in the longer term and will not wholly resolve the projected Strategic Commission financial gap in the medium term.
Legal Implications: (Authorised by the Borough Solicitor)	If we are to increase the prosperity of the Borough and significantly reduce the demand for expensive intervention services this should be a top priority focus area. Whilst any improvement will not enable the Council to address immediate budget issues it should impact significantly on the economy within the medium to long

term. However, as with spend on priority areas there needs to be a clear understanding of the outcomes that are being delivered and achieved and whether it is value for money on the basis that firstly the Council has to deliver within a balanced budget and secondly any outcomes must be achieved in an efficient and effective way.

Risk Management:

There are no risks associated with this report.

Background Information:

The background papers relating to this report can be inspected by contacting Annette Turner, Population Health Programme Manager



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